



RECREATIONAL CLASSES

No classes on the following dates:
 All Monday Holidays; Thanksgiving week Nov. 23-28;
 Winter Break Dec. 14-Jan. 4; Spring Break April 5-10

Gymnastics Classes

Level I (Beginner)

For students in grades 1-4. Beginning skills on vault, bars, beam, floor and trampoline. 55 minute class

Level II (Advanced Beginner)

For students grades 1-4. Advanced beginner and intermediate skills (from bridge kick over to beginning flight skills on floor; must have an unassisted pull-over on bars) 85 minute Class.

Tweens and Teens I-II

A Combined Level 1-2 class for Tweens and Teens Grade 5 and older. Beginner through Adv. Beginner skills on all events and trampoline. 85 minute class.

Tweens and Teens III-IV

Girls Grades 4 and above. Intermediate and beyond skills on all events for Tweens and Teens. 2 hour class. A great class for former team members who want to participate without the commitment to competition.

Monthly Tuition Rates:

	1 x week	2 x week
55 min class	\$45	\$75
75 min class	\$55	
85 min class	\$60	\$90
2 hour class	\$72	\$105

Tumbling & Trampoline Classes (T& T)

T&T Level 1

Co-Ed classes for grades 1-4. Introduces basic non-flight tumbling skills through walk-overs and round-offs, and non-flipping trampoline skills. Includes basic trampoline safety instruction. 55 minute class.

T&T Level 2

For students who have completed the TNT 1 curriculum. Introduces flight tumbling and flipping skills. Great for cheerleaders and others who want to learn back handsprings and combination tumbling. 75 minute class.

T&T Tweens & Teens

A combined TNT 1 and 2 class for the Tween and Teen girls. 75 minute class

\$25 annual registration fee required with first month's tuition.

Sibling Discount \$5.00